



Risk Control

Remote Worker Office Ergonomics Assessment

To maximize flexibility and convenience for policyholders, CNA is among the first carriers to offer the Remote Worker Office Ergonomics Assessment as a service without an in-person visit. Our Risk Control professional will work with you and the employee requesting the assessment to collect information, via a detailed questionnaire and photos, about the employee's workstation and workday. After reviewing their individual needs, a customized Remote Worker Office Ergonomics Report detailing the assessment's findings and recommendations will be provided.

Prior to the assessment, a Risk Control professional will provide the client with CNA resources such as our [Ergonomics Tips for Working Remotely](#) guide and the Remote Office Ergonomics [SORCE®](#) class. The Risk Control professional will also provide guidance on developing a sustainable remote office ergonomics program.

Here's what to expect from a Remote Worker Office Ergonomics Assessment:

1. Remote Worker Ergonomics Assessment Questionnaire and Agreement.

CNA's confidential agreement ensures that client privacy and data are secure. The ergonomics questionnaire helps the Risk Control professional identify ergonomics issues and collects data about:

- Remote office workstations
- Chair, desk, keyboard, mouse and monitor positions
- Other workstation-related concerns

2. The CNA Risk Control professional will reach out to the employee and request workstation pictures.

Using the remote office pictures provided by the employee, we will review the home office workstation for:

- Ergonomics risk factors
- Employee workstation set-up comfort
- Work habits and patterns

3. Remote Office Ergonomics Assessment Report.

After reviewing the questionnaire and pictures, we will provide a professional remote office ergonomics report highlighting:

- An overview of ergonomics risks observed
- Recommended risk solutions

To learn more about how to help your clients manage risks and increase efficiencies, please contact CNA Risk Control at RiskControl@cna.com or cna.com/riskcontrol.